

Therapist Wellness Retreat
BE ZEN AT XENIA
On Bowen Island

MAY 8 - 10, 2020



Come relax and rejuvenate as you nourish your body, soul, mind and spirit at this beautiful retreat centre – 38 acres nestled in the woods.



GO TO SIMMONSCOUNSELLING.CA
for more information and to reserve your spot.

Arrive Friday after dinner for a welcome gathering and snacks.
Breakfast, lunch and dinner on Saturday are included as are breakfast and lunch on Sunday.

Price: \$250.00 - \$375.00 depending on accommodation.

Reserve early – limited to 23 guests